

310 W. 17th Street
Little Rock, AR 72206-1492
Office: 501-372-0294
Fax: 501-372-0416
www.trinitylittlerock.org



Sunday
7:30 a.m., 9:00 a.m., 11:15 a.m.,
Evensong 5:00 p.m.
Wednesday
Healing Eucharist at 5:15 p.m.
Monday - Friday
Morning Prayer at 9:00 a.m.

THE MESSAGE

The Newsletter of Trinity Episcopal Cathedral
A House of Prayer for All People • July 2019

SUMMER SUNDAYS ON SPRING STREET!

Every Sunday through JULY 28. We will begin at 5:00 p.m. with a Rite III Eucharist featuring special music and fellowship to follow!

July 7: SONG OF SOLOMON

A service featuring the poetry of the bible in song followed by an ice cream social!

July 14: SPIRITUALS

A joint service with the choirs of Trinity & Bethel A.M.E.
Reserve your free dinner ticket at eventbrite.com

July 21: SWING

A Jazz mass followed by a gazpacho reception!

July 28: SUPER YOU!

Our annual talent show featuring acts from trinity parishioners!
Dinner will be served during the show! Sign up and bring your friends!

THE CLASS: ORGANIC SPIRITUALITY

WEDNESDAYS IN JULY

JULY 3: FAITH & HOPE

COMPOSTING YOUR FAITH AND
TENDING YOUR HOPE

JULY 10: GROWTH & FLOWERS

MANAGING YOUR GROWTH AND PROTECTING
YOUR FLOWERS

JULY 17: FRUIT & HARVEST

WELCOMING AND HARVESTING YOUR FRUIT

JULY 24: DISTRIBUTION & CLEAN UP

DISTRIBUTING YOUR FRUIT AND
CLEANING UP THE GROUND

JULY 31: WINTER & REST

PREPARING FOR WINTER AND
ENJOYING YOUR REST

6:00 P.M. BAKER PARLOR

LED BY JANE WOLFE



SUNDAY MORNING FORMATION

10:15 a.m. to 11:00 a.m.

Complimentary Sunday Breakfast

Enjoy before or during formation hour 10:00 to 11:00 a.m. on Sunday mornings in Morrison Hall.

The Dean's Class

Morrison Hall | 10:30 - 11:05 a.m.

July

- 7 - "Bring Your Questions, Part II," led by Dean Keller
- 14 - "The Stages of Jewish Mourning: What We Can Learn," led by The Rev. Susan Loy Lyon.
- 21 - "Bring Your Questions, Part III," led by Sub-Dean Snapp
- 28 - "Interpreting our CAT," led by Jason Alexander

Living The Questions

Conference Room

In his book *God and Empire* John Dominic Crossan, well known scholar, historian, and theologian, describes the world of the historical Jesus. The Living the Questions Class is exploring Crossan's work in a study entitled the "Challenge of Jesus." Each week videos will be followed by discussions covering what it was like for Jesus as he confronted the world of the Roman Empire and the Jewish hierarchy in 1st century Palestine. All are welcome at 10:15 in the Conference Room, May 26 thru July 28.

Pilgrims' Progress

Lounge

Pilgrim's Progress will be taking a short break for summer. Announcements will be made by email and in the insert on Sunday when class resumes.

SUNDAY EVENING

5:00 p.m.

Summer Sundays on Spring Street

Join us for worship, music, food, and fun every Sunday evening this month. A short service will begin at 5:00 p.m. followed by varied opportunities for fellowship.

MEN'S BREAKFAST

We meet every month on the third Thursday at 7:00 a.m. We have an hour of Christian fellowship and breakfast. All men of Trinity are invited.

Location: Homer's West

Contact: George Morledge at gbmorledge@sbcglobal.net

WEDNESDAY EVENINGS

Wednesday evenings are a time to stop during our busy week and come together as a parish, to worship, socialize, and learn as a community.

THE CLASS: ORGANIC SPIRITUALITY

Five sessions on how to get from faith to fruit. Led by Jane Wolfe. We will gather together in Baker Parlor, Wednesday evenings in July beginning at 6:00 p.m. (following the 5:15 p.m. Eucharist)

The class sessions are:

- July 3: Faith & Hope - Composting your faith and tending your hope
- July 10: Growth & Flowers - Managing your growth and protecting your flowers
- July 17: Fruit & Harvest - Welcoming and harvesting your fruit
- July 24: Distribution & Clean Up - Distributing your fruit and cleaning up the ground
- July 31: Winter & Rest - Preparing for Winter and enjoying your rest

JULY 2019

*M-F Morning Prayer 9:00 a.m. Pierce Chapel **MWF Alanon 12:05 p.m. Lower Mitchell House

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2 SAGE-ing Baker Parlor 1:00 p.m.	3 4 th of July Convocational Service St. Margaret's 6:00 p.m. Organic Spirituality Baker Parlor 6:00 p.m.	4 Independence Day (Office Closed)	5 (Office Closed)	6
7	8	9 SAGE-ing Baker Parlor 1:00 p.m.	10 Organic Spirituality Baker Parlor 6:00 p.m.	11	12	13
Song of Solomon Summer Sundays 5:00 p.m.		16 SAGE-ing Baker Parlor 1:00 p.m.	17 Organic Spirituality Baker Parlor 6:00 p.m.	18 Men's Breakfast Homer's West 7:00 a.m.	19	20
14 Spirituals Summer Sundays 5:00 p.m.	15					
21	22	23 SAGE-ing Baker Parlor 1:00 p.m. Vestry Conference Room 5:30 p.m.	24 Organic Spirituality Baker Parlor 6:00 p.m.	25 ECEP Easels Parish House Hall 5:30 p.m. - 8:00 p.m.	26	27 AIC Choir Camp Festival Day Subiaco Abbey
Swing Summer Sundays 5:00 p.m.						
28 Super You! Summer Sundays 5:00 p.m.	29 Music Camp Morrison Hall 10:00 a.m. - 3:00 p.m.	30 Music Camp Morrison Hall 10:00 a.m. - 3:00 p.m. SAGE-ing Baker Parlor 1:00 p.m.	31 Music Camp Morrison Hall 10:00 a.m. - 3:00 p.m. Organic Spirituality Baker Parlor 6:00 p.m.	1 Music Camp Morrison Hall 10:00 a.m. - 3:00 p.m.	2 Music Camp Morrison Hall 10:00 a.m. - 6:00 p.m. Aristocats Performance Morrison Hall 5:30 p.m.	3

CENTRAL CONVOCAATION INDEPENDENCE DAY CELEBRATION

The annual Independence Day Celebration and Picnic begins at 6:00 p.m. on Wednesday, July 3rd at St. Margaret's in west Little Rock. We are excited to announce that Pulaski County Sheriff Eric Higgins will be our guest speaker for St. Margaret's July Independence Day Celebration. Prior to being elected Sheriff, Mr. Higgins served the Little Rock Police Department for 30 years, including over 10 years as Assistant Police Chief. Chief Higgins has also volunteered with the Exodus Project, assisting inmates as they prepare to re-enter life and work after prison. After a festive worship service, all are invited to stay for a picnic on the grounds. The Men's Group will be serving hot dogs and hamburgers outside on the grounds. There will be games and fun activities for all to enjoy. There will also be a parade... so decorate your bikes, wagons, golf carts, etc. and bring them out for the occasion!

MUSIC IN JULY

The month of July will hold some surprises and lots of joy presented by the Music Department.

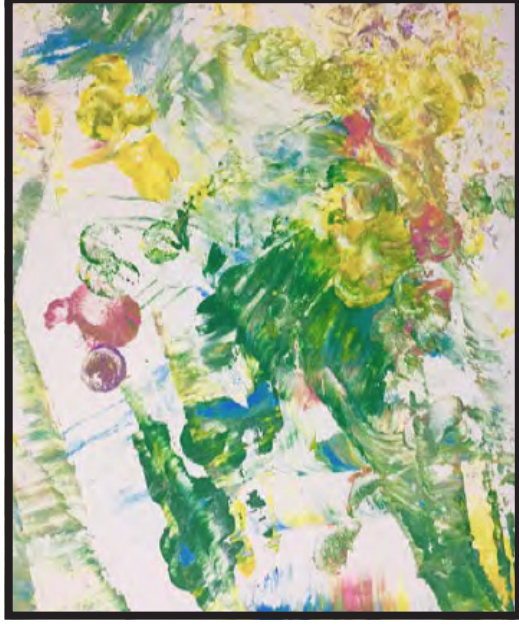
- If you know of a child or teen who has completed the 3rd grade, they are eligible for our free Music Theatre Camp. This year we are presenting the Disney Kids version of "Aristocats". The performance for this will be August 2nd at 5:30 p.m. in Morrison Hall. Tickets are \$10 at the door.
- Summer Sundays on Spring Street will include a Jazz Mass on the 21st of July. It will be followed by a cold soup reception. More info is available on the website.
- Choir practices have suspended for the summer but will resume August 21st. If you have ever wanted to sing in the choir, this would be an excellent chance to start fresh. Email victoria@trinitylittlerock.org for more information.
- Thanks to all of you who have made our first Summer Sundays on Spring Street services so warm and wonderful.



The Month Ahead:

August

- 2: Aristocats Final Performance
- 7-9: ECEP Closed
- 11: ECEP Sunday
- 12: ECEP Resumes
- 15: Men's Breakfast
- 20: Vestry



ECEP EASELS

On Thursday, July 25, ECEP will hold its annual art auction, ECEP Easels. Featured will be individual student pieces, class projects, and donated art of both Trinity and ECEP staff members. Art will be displayed in the Parish House hall until the event on the 25th. The Parish is invited to attend ECEP Easels from 5:30-8:00. If you are unable to attend but would like to bid on one of the pieces please contact Christy Poindexter at ecep@trinitylittlerock.org. Thank you for your continued support of this outreach ministry.



Learn more and register today at
www.choircamp.org

Arkansas Interfaith Conference

CHOIR CAMP 2019

Sunday, July 21 - Saturday, July 27
Subiaco, AR



A week-long intensive music program.
focusing on choral singing, handbells, &
Broadway song and dance!



Campers will enjoy the beautiful
surroundings of Subiaco Monastery and
enjoy extra-curricular activities such as
swimming, hiking, a talent show,
poetry, and art classes!

Camp fee is \$325 (\$300 for each additional child);
includes room, board, & camp t-shirt. Questions?

Contact Charlie Rigsby at
charlie.rigsby273@gmail.com

The Trinity Episcopal Cathedral Music Department




Musical Theatre Outreach Camp

presents

Disney's

THE Aristocats KIDS

July 29–August 2

-  Camp is free & open to all children who have completed 3rd grade – High School.
No musical experience required!
-  Mon – Thurs, 10:00 a.m. – 3:00 p.m. (Lunch provided)
Friday, 10:00 a.m. – 6:00 p.m. (Lunch & dinner provided)
-  **FINAL PERFORMANCE (ALL ARE INVITED!)**
Friday, August 2 @ 5:30 p.m. Tickets are \$10 at the door.

For more information go to www.trinitylittlerock.org/aristocats

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The Cathedral is open for visitation, prayer, and meditation weekdays from 9:00 a.m. to 5:00 p.m.

CHILDREN'S FORMATION

Children's Formation will resume on July 7 with summer curriculum. Volunteers are needed for July 7 and 28 and August 4, 11, and 25. Please contact Dawn (dhowe@trinitylittlerock.org or 588-3661) if you would like to volunteer to help on one of these days. Curriculum will be provided or you can just come do an art project with the kiddos.

Our school year Catechesis of the Good Shepherd program will resume in September. (Rally Day is Sept. 8).

Children's Formation in The Fall - we are in need of volunteers to help in the atria - specifically 2nd & 3rd grade. We will provide training for our curriculum (Catechesis of the Good Shepherd) or you can just come help out and learn by being a part of the group. Please contact Dawn (dhowe@trinitylittlerock.org) if you would like more information.

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STAFF TRANSITION

We are sad to report that our Director of Programs, Emma Mitchell, has accepted a position with St. Paul's in Fayetteville. At St. Paul's, Emma will serve as Youth Director.



For Emma, this will be a return home to the city and parish where she grew up and where her parents live and remain active members. For us, it will be a great loss!

Emma will remain on our staff through July 21.

Thank you Emma for a job well done!