

310 W. 17th Street
Little Rock, AR 72206-1492
Office: 501-372-0294
Fax: 501-372-0416
www.trinitylittlerock.org



Sunday
7:30 a.m., 9:00 a.m., 11:15 a.m.,
Spoken Eucharist 5:00 p.m.
Wednesday
Healing Eucharist at 5:15 p.m.
Monday - Friday
Morning Prayer at 9:00 a.m.

THE MESSAGE

The Newsletter of Trinity Episcopal Cathedral
A House of Prayer for All People • August 2019

The Trinity Episcopal Cathedral Music Department

Musical Theatre Outreach Camp
presents
Disney's
THE Aristocats
KIDS

© Disney

Only Performance (all are invited)

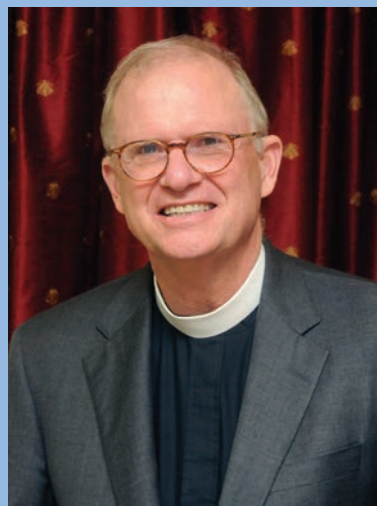
Friday, August 2 @ 5:30 p.m. Tickets are \$10 at the door.

Students and children are free!

Christian Faith & Modern Science

*Sunday Morning Lecture Series at
Trinity Episcopal Cathedral*

The public is invited to a 12-week lecture series on Christian Faith and Modern Science. The lectures begin with a question, *“Is it reasonable to believe in God?”* Additional lectures will cover topics from religion, Darwin, and the Cosmos, to fundamentalism, liberalism, and near-death experiences.



The Very Rev. Dr. Christoph Keller, III Dean and Rector

Where:

Trinity Episcopal Cathedral
310 W. 17th St.

Little Rock, AR 72206

*(Class will be held in
Morrison Hall)*

When:

Wednesday Evenings from
6:00-7:00 p.m. beginning
September 4th

Who:

Lectures will be given by The Very Rev. Dr. Christoph Keller, III Dean and Rector of the Cathedral

Check out
**[trinitylittlerock.org/
adults/formation](http://trinitylittlerock.org/adults/formation)**
**for the full schedule
& list of class topics**

SUNDAY MORNING FORMATION

10:30 a.m. to 11:00 a.m.

Complimentary Sunday Breakfast

Enjoy before or during formation hour 10:00 to 11:00 a.m. on Sunday mornings in Morrison Hall.

The Dean's Class

Morrison Hall | 10:30 - 11:05 a.m.

August

- 4 - "Questions about Heaven for the Dean," led by Dean Keller
- 11 - "Passage to India: A Spirituality of Pilgrimage," led by The Rev. Stuart Hoke
- 18 - "Christian Faith and Modern Science Preview," led by Dean Keller
- 25 - "Serving the Homeless through Arkansas Women's Outreach," led by Pam DeGravelles

Living The Questions

Conference Room

August 4, 11 and 18 LTQ will join the Dean's Class. Sunday, August 25, LTQ will continue exploring the historical Jesus using a study entitled "The Challenge of Jesus," based on the book "God and Empire" by Theologian and Historian John Dominic Crossan. All are Welcome.

Pilgrims' Progress

Lounge

Pilgrim's Progress will be taking a short break for summer. Announcements will be made by email and in the insert on Sunday when class resumes.

SUNDAY EVENING IN AUGUST

5:00 p.m.

Spoken Eucharist

Join us Sunday evenings in August for a spoken service including Holy Eucharist in the chapel at 5:00 p.m.

MEN'S BREAKFAST

We meet every month on the third Thursday at 7:00 a.m. We have an hour of Christian fellowship and breakfast. All men of Trinity are invited.

Location: Homer's West

Contact: George Morledge at gbmorledge@sbcglobal.net

WEDNESDAY EVENINGS

Each week Holy Eucharist begins at 5:15 p.m. in Pierce Chapel.

AUGUST 2019

*M-F Morning Prayer 9:00 a.m. Pierce Chapel **MWF Alanon 12:05 p.m. Lower Mitchell House

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 Music Camp <i>Morrison Hall</i> 10:00 a.m. - 3:00 p.m.	2 Music Camp <i>Morrison Hall</i> 10:00 a.m. - 6:00 p.m. Aristocats Performance <i>Morrison Hall</i> 5:30 p.m.	3 Parents Group <i>Baker Parlor</i> 9:30 a.m. - 11:00 a.m.
4 Young Adult Lunch 11:15 a.m. Spoken Eucharist 5:00 p.m.	5	6 SAGE-ing <i>Baker Parlor</i> 1:00 p.m.	7 ECEP Closed Spoken Eucharist <i>Pierce Chapel</i> 5:15 p.m.	8 ECEP Closed	9 ECEP Closed Catechesis Class 6:00 - 9:00 p.m.	10 Catechesis Class 8:00 a.m. - 4:00 p.m.
11 ECEP Sunday / Blessing of the Backpacks Spoken Eucharist 5:00 p.m. Catechesis Class 1:00 - 5:00 p.m.	12 ECEP Resumes	13 SAGE-ing <i>Baker Parlor</i> 1:00 p.m.	14 Spoken Eucharist <i>Pierce Chapel</i> 5:15 p.m.	15 Men's Breakfast <i>Homer's West</i> 7:00 a.m. Insights Lecture Series Ticket Sales Begin	16	17
18	19	20 SAGE-ing <i>Baker Parlor</i> 1:00 p.m. Vestry Conference Room 5:30 p.m.	21 Spoken Eucharist <i>Pierce Chapel</i> 5:15 p.m. Cathedral Choir 7:15 p.m.	22	23	24
25 Come & See! Atrium Open House 10:10 a.m. Spoken Eucharist 5:00 p.m.	26	27 SAGE-ing <i>Baker Parlor</i> 1:00 p.m.	28 Spoken Eucharist <i>Pierce Chapel</i> 5:15 p.m. Cathedral Choir 7:15 p.m.	29	30	31

PARENTS GATHERING

Saturday, August 3rd 9:30 a.m. | Baker Parlor
Those of you who are first time parents of little ones - Let's get together - a time to have breakfast snacks & coffee while we connect, reflect, and have a brief time of eucharist - with your littles. You can bring your little one or we'll also have childcare available. We'll end no later than 10:45 a.m. We'll look forward to seeing you! Please R.S.V.P. to The Rev. Dr. Lisa Corry at lisa@trinitylittlerock.org (We want to have plenty of coffee and snacks for you.)

YOUNG ADULT LUNCH (18-35 YEAR-OLDS)

Sunday, August 4th
Let's head to lunch after the 11:15 service! Meet The Rev. Dr. Lisa Corry at the front door of the church and we'll head out!

ECEP SUNDAY

Sunday, August 11th
Every year Trinity Cathedral sets aside one Sunday to recognize and pray for the Early Childhood Education Program. Following the 11:15 a.m. service there will be a complementary spaghetti lunch. After lunch, the classrooms will open for you to explore while our current families visit their new classes!

COME & SEE!

Sunday, August 25 | 10:10 a.m.
Come & See! Atrium open house and information session. Sunday, August 25 at 10:10 a.m. in the atria (Sunday School Classrooms). Come meet your children's catechists (teachers) and learn about our program. All children & parents (3 year olds - 5th grade) are invited to attend.

THE BLESSING OF THE BACKPACKS

Sunday, August 11th | 9:00 a.m.
Children and teachers! Join us for our annual back to school blessing, the Blessing of the Backpacks, at the 9:00 a.m. service.

The Month Ahead:

September

- 4:** Christian Faith and Mordern Science Class begins
- 4:** Childrens Choirs resume
- 5:** Love Thy Neighbor at St. Mark's
- 8:** Rally Day and Ministry Fair
- 8:** Evensong Resumes
- 9:** Jane Wilson Girls Choir resumes
- 26:** Insights Lecture
- 28:** Ordinations

SAVE THE DATE

October 10 – Chamber Music concert at the Cathedral 7:00 p.m.

October 24 – Bliss Auction 6:00 p.m.



Blessings to Colin, Alex, and Lila as they head to Kindergarten!



LET'S SHARE THE KELLERS'

Bliss

AN EVENING OF DANCING IN HONOR OF JULIE AND CHRIS

featuring

THE STARDUST BIG BAND

Thursday, October 24, 2019

6:00 p.m.

Chancellors Hall

Trinity Episcopal Cathedral

Cocktail Buffet • Wine & Beer • Live & Silent Auction

Tickets: \$35.00 per person

Dress: Think Rainbow Room • Casablanca • Sinatra • Big Band Era!

Questions? Contact Jeanne Joyner (JRYJoyner33@aol.com) or Jan Murphy (jgm857@gmail.com)



MUSIC NOTES

Thanks to all of you who made our Summer Sundays on Spring Street such a success. Your music department would LOVE LOVE LOVE to hear feedback on which type of worship/music/fellowship was most meaningful and enjoyable. Want to do it again in 2020?

Children's Choirs Resume Rehearsals September 4, 2019

WEDNESDAY AFTERNOONS:

3:15 - 4:00 Cherub Choir (Children ages 4 – 7)

4:15 – 5:15 Seraphim Choir (Grades 3 – 7)

Please note that we are planning to move the start times up by 15 minutes. This is so not to interfere with the Eucharist held in the Sanctuary on Wednesdays at 5:15. If this creates a hardship, please e-mail or call Victoria Harden victoria@trinitylittlerock.org. The Seraphims will sing in church for the first time this fall on **September 29th** at the 9:00 a.m. service. Please save the date.

Cathedral Choir Resumes Rehearsal August 21, 2019 7:15 p.m.

If you read music and love to sing, please considering joining the Cathedral Choir. Our new season starts August 21 and that would be a great time to give it a try. The fall season will feature a performance of Faure's "Requiem" on November 15th. Many of you know and love this work. Please come and sing with us.

Cathedral Hand Bell Choir Resumes Rehearsals Wednesday, September 11, 2019 6:00 p.m.

If you would like to be a part of the music program but you do NOT want to sing, hand bells are just right! Rehearsals resume September 11 and director Jason Pennington-Saughey would be able to answer any questions you might have. E-mail him at jpennington-saughey@trinitylittlerock.org.

Jane Wilson Girls Choir

Girls who have completed 6th grade are encouraged to join. Come sing, enjoy fellowship, and earn some scholarship money! Directed by Catherine Grace Durbin, accompanied by Jason Pennington-Saughey (rehearsals most every Monday night at 7:00 p.m. in Choir room beginning September 9.)

JANE WILSON GIRLS CHOIR FALL & WINTER 2019 SCHEDULE

September 9	November 4
September 16	November 11
September 23	SING EVENSONG November 17
SING 11:15 a.m. SERVICE September 29	November 18
September 30	(No rehearsal Nov. 25)
October 7	December 2
October 14	December 9
October 21	SING PAGENT December 15
SING EVENSONG October 27	CHRISTMAS/New Year VACATION
October 28	Resume February 3rd, 2020



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Evensong 5:00 p.m.

Wednesday

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The Cathedral is open for visitation, prayer, and meditation weekdays from 9:00 a.m. to 5:00 p.m.

Anne Lamott

September 26, 2019

Insights

LECTURE SERIES

Anne Lamott writes and speaks about subjects that begin with capital letters: Alcoholism, Motherhood, Jesus. But armed with self-effacing humor – she is laugh-out-loud funny – and ruthless honesty, Lamott converts her subjects into enchantment. Actually, she writes about what most of us don't like to think about. She wrote her first novel for her father, the writer Kenneth Lamott, when he was diagnosed with brain cancer. She has said that the book was “a present to someone I loved who was going to die.” In all her novels, she writes about loss – loss of loved ones and loss of personal control. She doesn't try to sugar-coat the sadness, frustration and disappointment, but tells her stories with honesty, compassion and a pureness of voice. As she says, “I have a lot of hope and a lot of faith and I struggle to communicate that.” Anne Lamott does communicate her faith; in her books and in person, she lifts, comforts, and inspires, all the while keeping us laughing.

Anne Lamott is the author of seven novels, bestselling books of nonfiction, and several collections of autobiographical essays on faith. Her new book is *Almost Everything: Notes on Hope* (October 16, 2018, Riverhead Books).

Tickets for general seating are free and can be reserved on Eventbrite.com beginning August 15th. Patron tickets are also available for \$100 and include a book and reserved seating at the front of the Cathedral.

The lecture will begin at 6:30 p.m. in the Cathedral. **Doors open at 5:45 p.m. Any unclaimed general admission tickets will be released to the waitlist at 6:15 p.m.** A reception and booksigning will follow in Morrison Hall.

Childcare will be available from 5:30 - 8:00 p.m.

Anne's appearance is made possible by a generous donation from the Cindy Bost Wellness Trust.