

# The Message

The Newsletter of

Trinity Episcopal Cathedral - Little Rock, Arkansas

A House of Prayer for All People

Fall 2021

## Every Perfect Gift

by *The Very Rev. Amy Dafler Meaux, Dean and Rector*

It is the time of year when every Episcopal church gears up for Stewardship. How can we creatively ask you to financially support your church? To be honest, talking about money, how we spend and save it, is a particular gift. Most of those gifted people find their vocation in fundraising and finance. Yet, each of us is called to take our financial lives seriously. When we intentionally consider our financial life and how we allocate our resources, we can experience God's activity in our lives.

During the summer, for six straight weeks, we hear from the sixth chapter of John's Gospel. This is known as the "Bread of Life" series. Jesus feeds five thousand, walks on water, and teaches the disciples that He is the bread of life. These stories are rooted in Israel's experience of the Exodus. For forty years, God led Israel through the desert feeding them with manna, a flaky white substance that seemed to fall from heaven. Every day the Israelites received enough manna for the day. The leftovers for the day would rot, inedible the next day.

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*God gives such beauty to everything that grows in the fields, even though it is here today and thrown into a fire tomorrow. Won't God do even more for you?*

## A New Perspective

by *Jack Dowling, Communications Officer*

Recently, my wife, Lisa Thorpe and I visited her sister in New York City. While there we enjoyed one of our favorite NYC experiences, which is walking The High Line. The High Line is like a rich vein of ecological ore; a mile and a half of old, elevated freight rail track that has been transformed into a city park, with native trees and plants, and public art installations. We enjoy the delight of the senses as we stroll along the trail, but also the new perspective the elevation gives to walking through the vibrant Manhattan neighborhoods. Traveling above the street one can see the traffic patterns in a new way, catch different views of the city through the buildings, and glimpse into peoples lives as the trail passes offices, apartments, and studios. It is a wonderful experience.

On a Sunday shortly after we returned from our trip, Dean Meaux's sermon took a different form. She opened

*continued on page 2*

## Trinity Cathedral Staff

## Dean and Rector

The Very Rev. Amy  
Dafler Meaux

## Clergy

The Rev. Deb Cooper  
The Rev. Canon  
Dr. Lisa Corry  
The Rev. Susan Payne

## Lay Staff

Reta Dean  
Jack Dowling  
Joe Harris  
Mary Penick Hodges  
Dawn Howe  
Dr. Colin MacKnight  
Ricky Parks  
Wyamon Stokes  
Jeanie Toombs

## ECEP

Christy Poindexter

## The Vestry

Senior Warden  
Neal Lea  
Junior Warden  
Tom Fennell  
Treasurer  
Herschel Cast  
Clerk  
Lisa McNeir  
Member-at-Large  
Susan Borné

## Steve Bethel

Tom Clark  
Terri Erwin  
Sarah Henry  
Harold Joyner  
Susan Mehlberger  
John Milwee  
Melissa Whitfield  
Jennifer Wilson-Harvey  
Mary Margaret Wippo  
Marcia Wayland

## Chancellor

Clarke Tucker

## Every Perfect Gift

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Later in the bible, Jesus sends the disciples out with only the clothes they are wearing and, again and again, God provides them all they need for that day. In John's Gospel, Jesus uses this experience to reveal his divine self.

Jesus, God's perfect gift to us, is all any of us need to come close to God. If we follow Jesus, adopting his way of life for ourselves, we have all we need. Please don't believe I am advancing a naive faith. In our life with Jesus, we discover that God gives us gifts and skills for living. Some of us are gardeners; some are teachers; some are fundraisers. Together, we make up the full kin\_dom of God, with everything we need to experience God's activity in our lives. When we are present to God's activity in our lives, we witness how creation works in unison, ensuring we have all we need.

The Cathedral has sustained ministry on the corner of 17th and Spring for 135

years because generous people like you shared their perfect gift. Every gift of time, talent, and financial support means the Cathedral has all we need. This exceeds our ability to pay the light bill (although that helps!).

Every day, we are working with our faith and civic communities to support God's activity in our neighborhood and beyond. Every day, we support members of our community in their ministry. Every day, the Cathedral offers a place where all people can come close to God. Thank YOU for intentionally supporting the Cathedral!

Peace be with you,  
Dean Meaux

## Perspective

*continued from page 1*

a gold box and started pulling out pieces of fabric, wooden figurines, and chunks of stone, then asked us to wonder what these things could be. It turns out they were props she used to tell the story of the Good Samaritan which was the Gospel reading that day.

While at first this seemed like something better suited for Sunday school, I found myself drawn into the story more than I had just minutes before. This new perspective brought the story to life and was much more thought provoking, especially when Amy asked us who was a neighbor to each of the characters in the story, and to whom are we called to be neighbors.

I have been at Trinity for seven months now and while the pandemic has made it a little challenging, I have come to see the wonderful perspective Trinity offers to the Living Gospel. Members of Trinity

are involved in many ministries that make real the Gospel in our community. Feeding, clothing, housing and comforting our "neighbors" are all represented in the activities we are involved in.

One of my favorite passages in the bible is Hebrews 13:2, "Do not neglect to show hospitality to strangers, for by doing so some have entertained angels without knowing it." I know that Samaritans and angels abound at Trinity. It is a blessing to be part of this community and to be given this perspective to a life in Christ together.



## From the Choir Loft

by Dr. Colin MacKnight

This month is a particularly exciting one for Trinity's music program. This past Sunday, the full choir finally returned after a year-and-a-half-long hiatus, including the Wilson Choral Scholars, who will now participate as part of the full choir. Additionally, weekly choral evensongs resumed this past Sunday at 4 pm, and the bell choir has resumed its rehearsals. If you are interested in joining either of these ensembles, please reach out!

As this issue of *The Message* is so close to our first evensong, I want to take this opportunity to highlight

how extraordinary this ministry is. Only a handful of parishes across the country offer this service on a weekly basis. As evensongs are so full of music – voluntaries, hymns, psalms, canticles, preces and responses, and an anthem – it is a tremendous undertaking for the musicians who participate. After two weeks with the full choir, I am confident that our group is up to the challenge. I encourage you to attend these services when you can: to hear beautiful music, readings, and prayers; to support your choir friends; and to experience one of the unique offerings of our Anglican tradition.



### The Message

A newsletter about life at Trinity Episcopal Cathedral. Send correspondence & address corrections to:

The Message, 310 W17th Street, Little Rock, AR 72206

Tel. 501-372-0294 Fax: 501-372-0416 email [info@trinitylittlerock.org](mailto:info@trinitylittlerock.org) [www.trinitylittlerock.org](http://www.trinitylittlerock.org)

## Ongoing Ministry Opportunities at the Cathedral

Members of our congregation possess a wealth of talent and enthusiasm, and opportunities exist for any level of commitment—from one-time projects to regular weekly, monthly, or yearly ministries. We invite you to join with the members of our congregation who seek and serve Christ in others by means of these ministries.

### Acolyte Guild

The Acolyte Guild is a committed community of young people and adults who faithfully serve at our Sunday morning Eucharists, as well as Church holidays and other special services.



This includes serving at the altar, carrying processional crosses, torches, and banners, and lighting candles. New acolytes are trained and commissioned in the early Fall. Youth as young as 6th grade are invited to serve. Acolytes are overseen by a group of adults who are responsible for recruiting, training, and scheduling. Contact Otis Howe at [otis.howe3@gmail.com](mailto:otis.howe3@gmail.com)

### All Saints Guild

This group exercises the ministries of compassion and service by assisting in the planning and conduct of funerals held at Trinity Cathedral. They help establish a climate of welcome and love for those who might not be familiar with Trinity Cathedral or our funeral liturgies. Contact Coralie Maxwell at [cwmaxell@sbcglobal.net](mailto:cwmaxell@sbcglobal.net)

### Altar Guild



The Trinity Cathedral Altar Guild serves an ancient and sacred function by preparing the altar for Holy Communion at each service, to the worship and glory of God. After each service,

the altar and credence tables are cleared, vessels and dishes are cleaned, and preparations are made to prepare the church for the next service. Special Altar Guild services may be requested for ordination and diocesan events, weddings, funerals, and other special services throughout the church year. All interested people are welcome to join and become further acquainted with the

accoutrement of the sanctuary. To learn more about this group contact Linda Pneuman at [lpneuman@mac.com](mailto:lpneuman@mac.com)

### Children's Formation Leaders

These dedicated volunteers enrich our children's developing relationship with Christ on Sunday mornings using the Catechesis of the Good Shepherd Curriculum. Training is provided. If you enjoy working with kids and want to get involved contact Dawn Howe, Children's Formation Coordinator, at [dhowe@trinitylittlerock.org](mailto:dhowe@trinitylittlerock.org).

### Cathedral Choir

The Cathedral Choir sings for Eucharists and Evensongs every week, as well as for seasonal services of Lessons and Carols and concerts. The choir consists of a professional octet, students in the Robert Wilson Choral Scholars Program, and volunteer singers. Our choral sound and literature is rooted in the Anglican tradition, and our repertoire ranges from Gregorian Chant to sacred choral music by living composers. The Cathedral Choir rehearses on Thursday nights from 7 to 9 p.m. Contact Colin MacKnight, Director of Music, at [colin@trinitylittlerock.org](mailto:colin@trinitylittlerock.org)

### Communications

Keeping the congregation informed and in tune through print and digital media. Opportunities for support include photography, copy creation and editing, A/V tech support and mailing assembly and labeling. Contact Jack Dowling, Communications Officer, at [jack@trinitylittlerock.org](mailto:jack@trinitylittlerock.org).

### ECEP Volunteers

Our Early Childhood Education Program (ECEP) staff can always use extra support rocking babies, reading stories, helping with art projects, office administration, organizing teacher resources, or helping with one of several yearly projects and events. If you're interested in getting involved with some wonderful families and kids contact Christy Poindexter, ECEP Director, at [cpoindexter@trinitylittlerock.org](mailto:cpoindexter@trinitylittlerock.org).



## EYC (Episcopal Youth Community)

The Episcopal Youth Community is comprised of 6th-12th graders. EYC serves, forms, and empowers youth in their transition between childhood and adulthood. This group meets weekly during the school year to share meals, play games, go on retreats and outings, participate in service work, and grow together in relationships with the Church and each other. If you'd like to be involved contact Rev. Lisa Corry at [lisa@trinitylittlerock.org](mailto:lisa@trinitylittlerock.org).

## Flower Delivery

Every Monday morning the High Altar Flowers are taken down and arranged into small arrangements to give to those in hospitals, nursing homes, and recovering at home. The flowers serve as a reminder to those receiving them that they are remembered in the prayers offered on Sunday. Anyone is welcome to join us in arranging and delivering flowers. Contact Carolyn Hartstein at [carolharts@att.net](mailto:carolharts@att.net)

## Flower Guild

The Flower Guild is responsible for the adornment of the altars and other worship spaces at Trinity. Many of the men and women of this Guild have completed the training courses at the Washington National Cathedral. The Guild may be contacted to design the altar floral arrangements for weddings, funerals, ordinations, and other special Cathedral events. Contact Beth Barnes at [beth.hathaway@comcast.net](mailto:beth.hathaway@comcast.net)

## Intercessors & Lectors

A group of trained lay people who assist the clergy by reading service lessons and leading prayers of the people. Training is required and provided. Interested? Contact Grant Wallace at [gjw1028@aol.com](mailto:gjw1028@aol.com).

## Mathew 25 Committee

The Matthew 25 Committee coordinates and supports activities at Trinity that help feed the hungry, and support those in need of direct assistance. Serving on the committee is a great way to be involved with these efforts. All are invited to participate in the various drives,



dinners, and events that the Matthew 25 Committee hosts throughout the year. For meeting times and other information please contact Jerry Shurgar, Committee Head, at [wgs3@sbcglobal.net](mailto:wgs3@sbcglobal.net)

## Tower Bells

The Cathedral has a full peal of bells in its Tower and is a center for the art of campanology (change bell ringing). The Trinity Ringing Society meets every Wednesday evening from 4:30 p.m. to 6:00 p.m. Full instruction is offered to beginners, and all are welcome to try. The Centennial Bells are rung every Sunday before services, other special occasions, and are often requested for weddings. For more information or to get involved, please contact the Tower Captain, Mary Wilson ([mfcwilson@yahoo.com](mailto:mfcwilson@yahoo.com)), or the Ringing Master, Scott Whitfield ([scottwhitfield@yahoo.com](mailto:scottwhitfield@yahoo.com))

## Ushers & Greeters

Men and women of the Cathedral who promote hospitality and help with the worship services. Duties include: greeting people as they enter, distributing the bulletins, recording service attendance, assisting the elderly and physically challenged, collecting the offering, directing parishioners to the Altar rail for communion, directing foot traffic after the service, and straightening up the pews after services. Ushers contact Meghan Pittman at [meg020202@gmail.com](mailto:meg020202@gmail.com), Greeters contact Coralie Maxwell at [cwmaxell@sbcglobal.net](mailto:cwmaxell@sbcglobal.net)

## Wedding Guild

The Wedding Guild is responsible for assisting the officiating priest in carrying out the wedding arrangements for a couple in the process of being married. Each couple is assigned a mentor who is available to answer the couple's questions, give guidance, and to assist with the coordination of other Trinity

Guilds and ministries involved in the wedding.

The Wedding Guild members assist the priest with the rehearsal and the wedding. After the wedding the Guild prepares the altar for Sunday service if necessary. Training is provided and new members are always welcome. Contact Susan Borné at [sborne@tnc.org](mailto:sborne@tnc.org)

## Formation News

Sunday morning formation began September 19th and continues on Sundays at 9:15 a.m. All offerings will be hybrid with an opportunity to attend in person or by Zoom.

### Adult Opportunities

#### Dean's Forum – Morrison Hall

This Fall the Dean's Forum will explore two primary areas of our life together: *Where is God in our pandemic experience?* and *Worship: the ins, outs, and all the in-betweens*. Join the Dean as she explores God's presence as we navigate the pandemic and our common worship.

#### Bible Women – Staff Lounge:

Women of the Bible have been trapped in dry and dusty literary caskets for centuries. While a few women, such as Mary, Sarah, Elizabeth, and Mary Magdalene, are familiar, many of the women who speak in the Bible have long been ignored. Yet their words are part of God's Word, the Bible, for a reason. Through these women, God spoke, intervened, changed, illustrated, and proclaimed the story of redemption.

In this groundbreaking book named best Bible study of 2015 by Illumination Book Awards, Episcopal priest Lindsay Hardin Freeman identifies every woman who speaks in the Bible, providing their words, context, and historical background. We learn which women speak the most (hint: it's not Mary!), and which books of the Bible have the fewest words from women.

We hear the only conversation in the Bible between a mother and daughter (and it's not pretty), the words of a woman who eats her own child, and the triumphant

exclamation of a woman telling the world about the risen Christ.

There are 1.1 million words in the Bible and only 14,000 from women. While this is certainly a small amount and only 1.2 % of the Bible - they are powerful words.

This study will be facilitated by Randy Irwin

#### Living the Questions – Coming later this fall

The class will complete the study entitled *The Christian Family Tree-What Other Christians Believe And Why*. During the first class, following a quick review, the Methodist denomination will be discussed.

The next 6 week study, entitled *Making Sense Of The Bible* invites us to an honest discussion about the Holy Bible. Real questions will be explored and discussed such as : "Is the Bible the word of God?," "Are Adam and Eve real people?," "Why is the God of the Old Testament so violent?,"

and "Is Jesus the only way to salvation?"

The classes will be based on a book and video series by Rev. Adam Hamilton and hopefully lead us to a deeper appreciation of the Bible so that we might hear God speak to us anew and find the words life changing. The study will be facilitated by Walter Hussman and George Harper.

Sundays 9:15-10:15 a.m.  
To join by Zoom:  
Meeting ID: 818 4119 7706  
Passcode: Formation

### Children & Youth

During the school year, a team of dedicated parents and other trained volunteers lead a Christian Formation curriculum called Catechesis of the Good Shepherd. This religious education program is designed for children, ages 3-12, and is grounded in scripture and liturgy, and enriched with prayer, worship, and a spirit of the celebration.

Catechesis helps the child "come close to God all by myself." Using Montessori techniques, the catechist explores with the children: Jesus' life, Kingdom Parables, Prophecies, the meaning of the words and actions of the Eucharist, ways of worship, and growing into being the church.





## Catechesis, Level 1 (ages 3-1st grade)

Meets in the Good Shepherd Atrium. In Parish House, down the hall across from the nursery.

## Catechesis, Level 2 (grades 2 & 3)



Meets upstairs in the True Vine Atrium. Up the stairs closest to Morrison Hall.

We will have Catechists (teachers) in the atria (masks required) and we will also provide a zoom link for those who would prefer to hear the lesson virtually.

## Youth grades 4-12

Grades 4-12 will begin formation hour by meeting together briefly in Upper Mitchell House. Our content will be lectionary-based utilizing Teen Text – a resource for junior high and high school students - seeking to help “youth connect the text on the page with events in their daily life” (<https://progressivechristianity.org/resources/teen-text-teen-curriculum>). This resource is highly regarded in our diocese and widely used across denominations. Additionally, it is easily adaptable to developmental age groups. What is part of the value of it in our context is its approach – it continues what children are accustomed to through Catechesis of the Good Shepherd. Teen Text does not simply provide an answer but “stimulates the learner to grapple eagerly and passionately” with scripture and today’s ups and downs

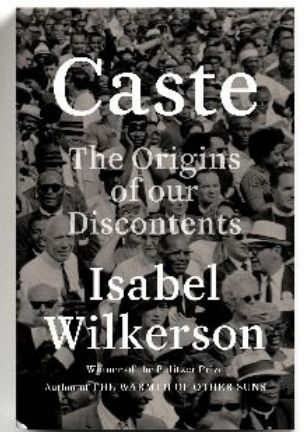
## Mid-Week Formation

### Caste - Book Discussion

Wednesdays each one hour session will begin at 12:15 p.m. Location TBA + Zoom: September 29, October 13, October 27, and November 10

CASTE: Focus of Joint Book Study for St. Mark’s and Trinity Cathedral  
Facilitated by Stuart Hoke

Expand your mind, heart, and spirit with a group discussion of *Caste: The Origins of our Discontents*, by Isabel Wilkerson. This in-depth, but highly readable, book will lead us beyond the daily headlines to a broad exploration of American and



other social systems. With this distinction, Wilkerson invites us into a deeper understanding of our current vexations: “Caste focuses in on the infrastructure of our divisions and the rankings, whereas race is the metric that’s used to determine one’s place in that.”

### Sacred Ground - Coming in November



The Episcopal Church offers this unique small group experience. “Sacred Ground is a film and readings based dialogue series on race, grounded in faith. Small groups are invited to walk through chapters of America’s history of race and racism, while weaving in threads of family story, economic class, and political and regional identity” (<https://www.episcopalchurch.org/sacred-ground>)

This program is 10 sessions long plus a debriefing meeting, with each session lasting approximately 1.5 hours. The group will start in early November with an informational meeting. Contact Lisa Corry with questions or interest.

## Ministry Partners

### Arkansas Women's Outreach: Providing Dignity for Women

by Pamela de Gravelles

Arkansas Women's Outreach (AWO) promotes the wellbeing of local women experiencing homelessness and poverty through access to the basic items women need such as period products, underwear, wipes and condoms. As a founding board member of AWO in 2015 and recent past president of AWO, I have been blessed to be a part of the vision and growth of the organization. Our board and volunteers provide dignity to vulnerable women every month by distributing menstrual prepackaged supplies (Pads, tampons, and wipes). It lifts my heart to share my ministry with you and invite you to help us serve this population.



AWO was incorporated in 2015 as a 501(c)3 nonprofit and is a 100% volunteer and donation supported organization. AWO recognizes that women do not stop being women, i.e. having their menstrual cycles, when they are homeless and economically challenged. Before AWO, many women had to resort to using inadequate and unsanitary feminine hygiene substitutes, creating a high risk of gynecological infections and embarrassing situations. Without our help, this population jeopardizes their health, misses work and advancement opportunities, and 1 in 5 school

age girls miss 10-20% of their education. This is an urgent and chronic need.

Initially, volunteers distributed period products weekly and in person to 100-120 homeless women at Canvas Community Church on 7th Street in Little Rock. AWO's mission and reach expanded during the COVID-19 pandemic to provide for all women experiencing "period poverty." Period Poverty is a situation where women lack access to period supplies and is usually associated with economic and housing insecurity. AWO is the only organization in Arkansas whose sole purpose is to provide these products to



vulnerable female populations. We organize, fill, and distribute prepackaged products (period packs) on a weekly or monthly basis to each of our partner locations and drop sites. COVID-19 related economic instability increased the demand for period products exponentially as women had to choose

between food, housing, or period products! We now serve more than 300 women every month and the need is growing. We served 460 women in the month of July! Please consider helping us help them.

Getting involved with AWO is easy. We hope to hear from you!

- Follow us on Facebook and Instagram to keep up with AWO events
- Sign up for volunteer orientation to learn more about AWO and how to volunteer with us: <https://signup.com/go/JbFSwMG>
- Look great and donate! Purchase a t-shirt or sweatshirt on our Bonfire campaign: <https://www.bonfire.com/ar-womens-outreach/>
- Easily ship products directly to our office with our AmazonSmile Charity list: [https://smile.amazon.com/hz/charitylist/l/11YZOVYSPI7HS/ref=smi\\_ext\\_lnk\\_lcl\\_cl](https://smile.amazon.com/hz/charitylist/l/11YZOVYSPI7HS/ref=smi_ext_lnk_lcl_cl)
- Have period products to donate that you bought somewhere else or want to learn more about volunteer opportunities? Just email us to set up a drop off or ask questions: [arkansaswomensoutreach@gmail.com](mailto:arkansaswomensoutreach@gmail.com)
- Donate as little or as much as you like securely through PayPal on our website [arkansaswomensoutreach.org/donate](https://arkansaswomensoutreach.org/donate), our Venmo account @ARWomen, or mail checks to our office location: 2200 Kavanaugh Boulevard, Little Rock, AR 72205



## Ministry Partners

The Trinity Ringing Society  
by Sandy Miller Hays

Want to become a part of history? If your answer is “yes,” you need travel no further than the bell tower at Trinity Cathedral, where you can join a Christian tradition that dates to 400 AD, when Paulinus, Bishop of Nola in Campania, introduced bells into Christian churches. St. Margaret’s at Westminster in London even paid ringers a shilling apiece to ring after the beheading of Mary, Queen of Scots, in 1587.

Today the Trinity tower bell ringers “make a joyful noise” for happier occasions, such as Sunday services, ordinations and weddings. While learning to handle the bells does require some training, you don’t have to be a musical prodigy or the Amazing Hulk to join in the fun!

In fact, if you’ve always wanted to do something musical, but never had the time for lessons, the tower bells might be the perfect outlet for you. While it’s not possible to play a standard tune on the bells—because it’s a physical impossibility to play the same note twice in quick succession—the cadences rung are very soothing and joyful, and there’s a great satisfaction at getting the notes just right.

Weighing in at 325 pounds to 1,000 pounds, the bells—with personalized names like “Goldie” and “Bishop”—offer a fun challenge to anyone who’s willing

to take a little time to learn the technique, and the ringing chamber doors are always open to anyone who’s willing to try. The bells offer enough challenge that it can be an adventure every time you pull the rope. While it’s not that difficult physically, the mental focus required to get the striking just right will certainly keep you on your toes, and there’s always something new to learn.

So if you’d like to learn something new that’s also very, very old and a joyful part of the Christian tradition, drop by the bell tower and talk to our ringers to see if maybe tower bell ringing is a way you might contribute to the beauty of the services at our historic cathedral. The bell ringers practice on Wednesdays from 4:30-6:00 p.m.

To learn more, contact Tower Captain Mary Wilson at [mfcwilson@yahoo.com](mailto:mfcwilson@yahoo.com) or Ringing Master Scott Whitfield at [scottwhitfield@yahoo.com](mailto:scottwhitfield@yahoo.com).



## Trinity's Mission

The mission of Trinity Episcopal Cathedral is to proclaim the Word of God by sharing our gifts, ourselves, and our properties through ministry to each other, our neighbors, and our community as we serve God and represent the Episcopal Diocese of Arkansas.



## Kathryn King Bost Finishes First Century on August 13, 2021

by Rett Tucker



*Kathryn with daffodills, Easter Sunday 2021*

Kathryn is a full blooded Arkansan. Her ancestors began coming to Arkansas in 1819. Her paternal grandmother's family came in 1832, on the same wagon train with her husband's family. She grew up with Dr. Roger Bost in Clarksville; they married in 1944 and were married for 69 years. They had 4 children, but she was the one who raised them while Roger was busy working to build the modern medical community throughout the state. While she followed him wherever he needed to go for him work – including time in Durham, NC, New Orleans, LA, Fort Smith, Little Rock – she was not necessarily dutiful or happy about it, which she did not mind letting him know. She is and has always been the one that keeps the conversation going and lively, no matter the circumstance. And a person better be on their toes if they want to keep up, even as she turns 100. Roger always said that if she stops talking, call 911. It is also said of her that her shortest phone call was 15 minutes, because she had the wrong number. A lifelong Methodist until she became an Episcopalian at age 94, she loves the Arkansas Razorbacks and St. Louis Cardinals, but the only thing she loves better than her children, grandchildren and great-grandchildren is Democratic politics. Jesus better get in line.

## Organ Recital

Friday, October 8th – 7 pm



featuring

Dr. Colin MacKnight, DMA, FAGO, ChM

Watch the performance up close via a live projection of Colin at the console.

All are invited to an outdoor reception following the concert.

Free and open to the public.





## Odes & Icons: an art-filled celebration of souls and saints

By Lisa Thorpe



The urge to honor and remember is long and strong in the human spiritual story. People through time and place and religion have created structures and images to remember and honor those we love and revere. From the ancient traditions of Hindu home shrines to Eastern Orthodox icons to Dia de los Muertos altars of Mexico, to our church remembrance of All Souls and All Saints Day. To create a piece of art dedicated to a person or idea is to take the time to absorb, observe and remember - to put that person or concept foremost in our hearts and minds.

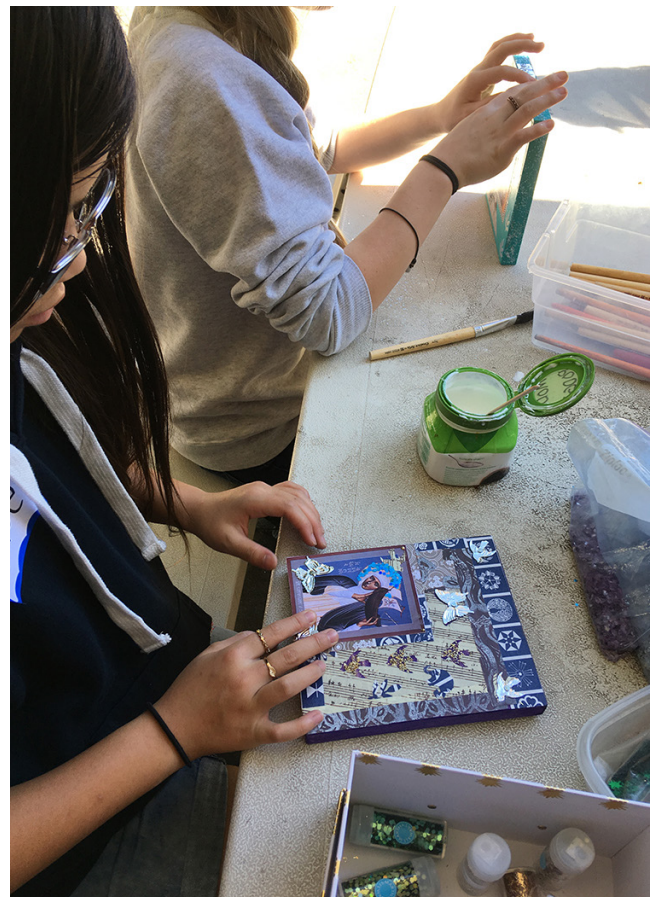
Honor a Saint or Soul in art and prayer on October 23rd 12:30-3:30 at Trinity Episcopal Cathedral. You can choose a saint to honor from images I provide or bring a photo of a loved one or personal hero you want to celebrate. Each participant will create a collage "Icon" on a wooden plaque using decorative papers, copper, and tin. No art experience needed, appropriate for adults and teens. Vaccines and masks will be required to participate.

This event hosted by Trinity Episcopal Cathedral led by me, Lisa Thorpe. I am an artist and educator with a focus on art and spirit. I have been making art and teaching at retreat centers, churches, and schools to groups of all ages for 20 years. I love merging art, reflection, meditation and community building.

Register at <https://bit.ly/OdesAndIcons>

Save the date for more Art and Spirit  
Retreats with Lisa Thorpe

- Exploring Mary's Call  
December 11, 2021, 10:30am – 3pm
- Lenten Reflection Day  
March 5, 2022, 10:30am – 3pm



*Participants in one of Lisa's workshops creating icons.*

## Upcoming Events at Trinity

- October 3      Blessing of the Animals, 5 p.m.,  
following Evensong
- October 8      Organ Recital featuring Dr. Colin  
MacKnight, 7 - 8 p.m.\*
- October 23     Odes & Icons art and spirit workshop  
with artist, Lisa Thorpe\*
- October 26     The Rev. Dr. Christoph Keller III, book  
signing and reception, 12 p.m.
- October 30     General Ordinations
- October 31     Trunk or Treat
- November 7    Daylight Savings time ends
- November 8-9  Clergy Conference
- December 11   Exploring Mary's Call art and spirit  
workshop with artist, Lisa Thorpe

\*information inside

